

# WHAT IS ALPHA?



- Alpha is a series of meetings that explore the basics of the Christian faith.
- It is a parish tool for evangelisation based on:
  - Welcome
  - Hospitality,
  - Sharing,
  - and Prayer.

- Each session includes:

- a meal,
- a talk,
- and small group discussion



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## Meal



- Offering a meal is an essential part of Alpha.
- Guests are welcomed into a relaxed and friendly setting and have the chance to get to know one another.

## Talk



- After the meal, a short talk is given.
- The talks are based on the teaching of the Church, the Bible, and the personal experience of the speaker.

## Small Group Discussion



- The small groups provide the time and space to build trust and friendship.
- Guests are invited to share openly and honestly, without any criticism or judgment.